## **Authentic Greek Yogurt**

Enjoy in a Bowl or Smoothie - FRESH or FROZEN Choose from Traditional, Light, Creamy, or Vegan











#### Fresko Favourites



Strawberries, pine honey, hazelnuts	
Crete n' Sweet	Reg 6.5   Large 8.0
Berry Delight Strawberries, blueberries, honey	Reg 6.5   Large 8.0
Santorini Style	Reg 6.0   Large 7.5

Greek Escape ...... Reg 6.5 | Large 8.0



## Fresko Signature Smoothies

Choc O Clock
Chocolate, banana, granola
Reg 6.5 | Large 8.5

Absofruitly
Strawberry, granola, banana, honey
Reg 7.0 | Large 9.5

Ki-winning
Kiwi, banana, apple
Reg 6.5 | Large 8.5



#### **Protein Shakes**

**PB Power** 

Peanut butter, banana, blueberry, granola & chocolate protein

Ambrosia Bliss
Avocado, pineapple, spinach, lime
& vanilla protein

Ionian Bliss

Regular 7.0 | Large 9.0

Berry Choco (Vegan)
Mixed berries, oat milk & chocolate
protein

Pina Colada (Vegan)
Pineapple, banana, coconut flakes,
coconut milk & vanilla protein

Mocha Recharge (Vegan)
Espresso coffee, banana, oat milk
& chocolate protein



#### Supercharged Yogurt Regular 6.5 | Large 7.5

Aegean Glow

Spirulina powder & wild fig spoon sweet

Elixir Boost

Acai powder & blackcherry spoon sweet

Regular 6.5 Large 7.5

Maca root powder & orange spoon sweet

Mediterranean Power

Overnight oats, chia seeds & pine honey









#### Fresh Juices

Kos You Deserve It ...... Reg 7.0
Spinach, celery, kiwi & apple

What the Doctor Ordered ....... Reg 7.0

Beetroot, Carrot, Orange, Apple & Ginger

Orange Juice ..... Reg 5.0



# Milkshakes

Strawberry ...... Large 7.0
Chocolate ...... Large 7.0
Banana Large 7.0

Banana ..... Large 7.0









# Coffees

#### **Greek Specialties**

Freddo Cappuccino ..... 3.5

# Regular Coffee

